

Week one

Monday

05/11 26/11 17/12 21/01 11/02 11/03 01/04

Choose a main meal...

Mozzarella & Tomato
Pizza**✓ with Pasta Salad**
Bean Burger in a Bun✓
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Carrot Batons, Peas
Fresh Seasonal Salad Bar

for dessert...

Flapjack with Fruit Slices*

Tuesday

Choose a main meal...

Chicken Fillet in a Bun with
Jacket Wedges
Creamy Broccoli and
Sweetcorn Pasta**✓
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Roasted Vegetables
Fresh Seasonal Salad Bar

for dessert...

Crunchy Plum Crumble* with
Custard

Wednesday

Choose a main meal...

Roast Turkey with Roast
Potatoes & Gravy
Quorn Roast✓ with Roast
Potatoes & Gravy
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Green Beans, Carrot Batons
Fresh Seasonal Salad Bar

for dessert...

Chocolate Ice Cream with
Mandarin Segments*

Thursday

Choose a main meal...

Mexican Beef
(A Mild Chilli Con Carne) with
Rice**
Mac 'N' Cheese✓ (Macaroni
Cheese)
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Sweetcorn, Broccoli
Fresh Seasonal Salad Bar

for dessert...

Brownie Cake with Banana*

Friday

Choose a main meal...

Crispy Fish & Chips
Quorn Dippers✓ with Chips
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Peas, Carrot Batons & Baked
Beans

Fresh Seasonal Salad Bar

for dessert...

Lemon Shortbread with Fruit
Slices*

Week two

12/11 03/12 07/01 28/01 25/02 18/03 08/04

Choose a main meal...

Mozzarella & Tomato
Pizza**✓ with Pasta Salad**
Baked Bean & Cheese
Wrap✓
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Sweetcorn, Peas
Fresh Seasonal Salad Bar

for dessert...

Vanilla Ice Cream with
Fruit Slices*

Choose a main meal...

Chicken & Sweetcorn Pie
with Creamy Mashed Potato
Vegetarian Sausages✓ with
Creamy Mashed Potato
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Roasted Vegetables
Fresh Seasonal Salad Bar

for dessert...

Orange & Lemon Sponge
Cake with Fruit Slices*

Choose a main meal...

Roast Pork with Roast
Potatoes & Gravy
Cheese & Potato Bake✓ with
Roast Potatoes
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Broccoli, Carrot Batons
Fresh Seasonal Salad Bar

for dessert...

Crunchy Chocolate Biscuit
with Fruit Slices*

Choose a main meal...

Beef Burger with Potato
Wedges
Vegetarian Tagine✓
(Moroccan Style Vegetable
Casserole) with Rice**
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Green Beans, Sweetcorn
Fresh Seasonal Salad Bar

for dessert...

Apple & Berry Crumble* with
Custard

Choose a main meal...

Golden Cod Fillet Fish Fingers
& Chips
Quorn Burger✓ with Chips
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Peas, Carrot Batons & Baked
Beans

Fresh Seasonal Salad Bar

for dessert...

Flapjack with Banana &
Apricot*

Week three

19/11 10/12 14/01 04/02 04/03 25/03

Choose a main meal...

Mozzarella & Tomato
Pizza**✓ with Jacket Wedges
Baked Bean & Cheese
Wrap✓
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Green Beans, Sweetcorn
Fresh Seasonal Salad Bar

for dessert...

Strawberry Ice Cream with
Fruit Slices*

Choose a main meal...

Pork Sausages with Creamy
Mashed Potato
Vegetable Lasagne**✓
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Broccoli, Sweetcorn
Fresh Seasonal Salad Bar

for dessert...

Raspberry Ripple Cake with
Fruit Slices*

Choose a main meal...

Roast Turkey with Roast
Potatoes & Gravy
Quorn Roast✓ with Roast
Potatoes & Gravy
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Seasonal Cabbage, Carrot
Batons

Fresh Seasonal Salad Bar

for dessert...

Peach Slice* with Custard

Choose a main meal...

Beef Lasagne with a Garlic &
Herb Bread Wedge
Vegetable Korma✓ with
Rice**
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Roasted Vegetables
Fresh Seasonal Salad Bar

for dessert...

Shortbread Fingers with Fruit
Slices*

Choose a main meal...

Golden Cod or Crispy
Salmon*** Fillet Fish Fingers
with Chips
Quorn Sausage & Tomato
Pasta Bake✓
A Selection of Sandwiches &
Loaded Jacket Potatoes

on the side...

Peas, Carrot Batons & Baked
Beans

Fresh Seasonal Salad Bar

for dessert...

Pineapple Upside Down
Cake** with Custard

All our
milk is Red
Tractor
approved



WE
BUY 95%
of our seasonal
vegetables
direct from
British growers



ALL OUR BEEF
is from
THE UK OR
IRELAND

FRESH SALAD
IS AVAILABLE ON
A DAILY BASIS

REDUCING OUR
CARBON
FOOTPRINT
OVER 30%
of our products are
transported by vehicles
that run on biodiesel



All our
bananas are
FAIRTRADE



WE SUPPORT
82 BRITISH
DAIRY
FARMS



We only use
Lion Quality
British Eggs



FARM TO FORK
We can trace every
cut of meat back to
the farms of origin

ALL OUR
BREAD IS
FRESHLY BAKED
EVERY DAY

Chartwells
EAT LEARN LIVE

Self serve Salad Bar available to accompany main meal and fresh Home Baked Breads available throughout the week
Fresh Fruit & Yoghurt and a choice of Organic Milk, Fruit Juice & Cool Water served daily.
*Fruit Based **Wholegrain ***Oily Fish (v) Vegetarian. LOOK OUT FOR OUR EXCITING THEME DAY PROMOTIONS!

